

Multi-Sport Programs

Est. 1997



SKYHIGHadventures

Multi-Sport Life



Limited Space

Experienced Coaches Develop Skills & Endurance

Youth-Adult-Family

www.SKYHIGHadventures.com

Swim-Bike-Run

Cool Stuff

Bike PUMP Track
SPRINT Tri SERIES
MTN Bike Camps
AMAZING Race

Fleet Feet
TRI SOMETHING
NEW
Beginner Triathlon
Program

(518) 281-6480

Camps

Ages 7-15

Adventure Camp
BMX Pump Track
Survivor Week
Amazing Race
EPIC Trips

Tri Club

Youth - Adult - Family
Open Water Swim
Crystal Lake
Wednesdays 6pm
Lessons - Coaching
Training Time

Waterfront Lifeguard Camps

Races for Everyone

SUPER Sprint
Swim .25 mi - Bike 7 mi - Run 3 mi
Crystal Lake

Sprint Series
Swim .25 mi - Bike 11 mi - Run 3 mi
Thursdays 5:30pm
Crystal Lake

XTERRA
SKYHIGH
Swim 1K - Bike 20K - Run 6K
Grafton

KID's Tri
Swim 100m - Bike 5K - Run 1K
Grafton

